

Eric Kobal	G	Master 3	93	1958						X			100,0
Daniel Duke	G	Open	105	2000			X						205,0
Nicholas inget	G	Master 2	105	May-71						X			125,0
Ernst Britz	G	Subjunior	105	2009	X								105,0
Tony Mudau	G	Open, M1	120	1981			X	X					170,0
Hermanus de Beer	G	Master 2	120	Apr-70						X			152,5
Arne Botes	G	Junior	120	2006		X							140,0
Stefan Schroder	G	Open	120+	1992			X						200,0
John Crain	G	Master 2	120+	Dec-69						X			177,5
Steven le Roux	G	Master 1	120+	1981						X			170,0
Stanford Thompson	G	Junior, Open	120+	2002		X	X						160,0

EQUIPPED BENCH PRESS - Entry List for SA Champs 2025

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total
Meg Leighton	G	Open	63	1996			X					62,5
Chante Mulder	EC	Junior	69	Nov-06		X						87,5
Heather Leighton	G	M3	69	Jun-64						X		69,0
Stephene Loubser	EC	Subjunior	69	2007	X							50,0
Chantelle du Toit	G	Master 1	76	1985				X				67,5
Ilze-Mari Maritz	EC	Open	84				X					92,5
Lize-Mari de Beer	G	Open	84	Oct-00			X					82,5
Christi Rees	WC	Open	84+				X					87,5
Simone van der Merwe	G	Subjunior	84+	2007	X							75

EQUIPPED BENCH PRESS -Entry List for SA Champs 2025

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total
JC Bruce	WC	Master 3	66	May-61						X		85,0
Marcel Vorster	G	Open	74	1994			X					135,0
Carel Jansen	G	Master 1	83	1976				X				130
Tommie de Nysschen	NC	Master 3	83							X		115,0
Shazly Savahl	WC	Master 2	83						X			107,5
Dan Oppenheim	G	Master 4	83	Jun-45							X	100,0
Johnny Dam	G	Open, M2	93	1969			X		X			170
Haroun Pietersen	G	Open	120	Oct-87			X					195,0
Ian Furman	G	Master 2	120	1967					X			225
Hermanus de Beer	G	Master 2	120	Apr-70					X			175,0
Andre Ludik	EC	Master 3	120	Jun-57						X		70,0
John Crain	G	Master 2	120+	Dec-69					X			222,5